



The Transmitter

Empowering Women in Utilities Since 1923



Message from the Chair

Michele Jeunelot, Ohio Chapter Chair

WINUP'S MISSION

Provide a link for developing and recognizing professions involved with utility business trends, issues, products and services.

WINUP'S OBJECTIVES

1. Opportunities for professional development
2. Networking and mentoring among members
3. Recognition and visibility among members

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For additional information, please visit our website www.winupoh.org

Dear WiNUP Ohio Chapter Members,

I hope you are enjoying your summer so far, and can hardly believe that just a few months ago I never thought I would see temperatures above zero degrees again!

We have had some great meetings so far this year and have enjoyed both learning new things and meeting new people. In April we heard the career path of Ohio's only seated female PUCO Commissioner, Beth Trombold, and I would be amiss if I didn't mention the cream puffs as an extra bonus to what was a great speaker. In May we had our high heeled success meeting, with again, another amazing speaker.

Again, one of our focus areas this year is to bring membership value to you, and we had our first member's only event in June with the Columbia Gas Storage Tour. We gained some new members from this event, and plan to continue offering you membership value.

Don't forget this year's conference in Dallas, Texas. If you have never been to a conference you would not believe how great they are. It never hurts to ask your boss if they would consider letting you attend. Remember what we learned in WiNUP over the years- ASK for what you want, you might just get it.

I would like to take this time and ask that each of you consider running for an office, since officer elections are coming up soon. I know in working with Krista Tillman over these last few months, she will be such a great chair, but we will need to fill that vice-chair level. Please consider running - I know from personal experience that each of you would bring new life and fresh perspective to help keep this chapter vibrant.

Again, thank you for all you do for this organization, and I hope to see you soon at another WiNUP Event!

Sincerely,
Michele Jeunelot

✓ PUCO Commissioner Trombold

By: Katharine Walsh



On a sunny day in April, Commissioner M. Beth Trombold spoke to Ohio WiNUP members over hearty German fare at Schmidt's Restaurant and Sausage Haus in German Village. Commissioner Trombold was appointed to the Public Utilities Commission of Ohio (PUCO) by Governor John Kasich in 2013. She is a member of the National Association of Regulatory Utilities Commissioners where she serves on the Electricity Committee. She also serves as secretary of the Organization of PJM States, Inc. (OPSI). In addition to her current role, she has fifteen years experience in public service with an emphasis on economic development and public affairs. She spoke candidly about her hopes for her term at the commission, specifically citing her role with PJM and her interest in the electric utilities. The discussion was not all business, as she gave valuable insight regarding work-life balance, the importance of family, and her quest for higher education. Laughter resounded as she told tales of late-night Master's study sessions and all-hours Legislative Assembly during her early days as an intern. Although, she conveyed the reward was sweet, as she is surrounded by intelligent people and continues to learn every day while doing a job she loves.

Please visit the PUCO's website for further details on the extensive accomplishments of Commissioner Trombold as well as great information on the Ohio Commission. <http://www.puco.ohio.gov/puco/index.cfm/about-the-commission/commissioner-biographies/commissioner-m-beth-trombold/>

Thank you to our friends at AEP Ohio who assisted in sponsoring a portion of the costs for this luncheon. We thank them for their generosity and sponsorship.

✓ Crawford Plant Tour

By: Michele Jeunelot

As a former electric distribution engineer, I had no idea what to expect on the Sugar Grove, Crawford Plant Tour in June 2014. To be honest, I don't know much about natural gas, other than I use it to heat my house and warm my shower water. What I found out, was that the Crawford Plant is a storage facility with a lot of gas transmission pipes. The group learned that most of the transmission lines ran underground and that they also store gas at that location. I also thought gas storage was in tanks; I learned that gas is stored in the earth, in the same places they removed gas from in the first place. The natural barriers that kept the gas there prior to its initial removal for consumption are still there and are used to keep the gas in place until it is needed. While we toured the facility, we saw a fantastic presentation about how storage is used to help offset peak demand and how it is stored in sandstone very deep in the earth. When gas is compressed at the facility, it comes in cold and goes out hot (quite like the tour group on that very hot day). We were able to touch the pipes to feel the temperature difference. We also toured the place where gas is cleaned. That's right. Gas comes in dirty and wet and goes through a fairly sophisticated process to remove water and dirt using various compounds and heating/cooling methods. I'm sure this is all old news for our NiSource/Columbia Gas Members, but personally I thought this was one of the best tours I have ever been on if you don't know anything about natural gas.

Facts About Crawford Compressor Station

- ✓ The facility, which covers 44 acres, was placed into service in the early 1900's
- ✓ The natural gas is moved throughout the facility via 13 separate compressor units which range in horsepower from 250 up to 5,000.
- ✓ On a peak day, the facility may compress as much as a billion cubic feet of natural gas within any given 24 hour period.



✓ High-Heeled Success

By: Amy Russell

The May 13, 2014 Ohio WiNUP Chapter dinner meeting was held at the NiSource auditorium. After a delicious meal of grilled chicken and vegetables, salad and dessert provided by Giant Eagle, Kay Fittes captured the audience's attention with the appeal to "Kick Up Your Executive Presence"TM. Fittes founded her company, High-Heeled Success, LLC in 1990 combining her experience as a therapist and facilitator in the mental health field with her expertise as a trainer and presenter in the business sector. She shared her secrets needed to reach the next level of success and to succeed in a male dominated industry using the "Six P's" for High-Heeled Success®: Powerful Professional and Personal esteem; Powerful verbal and non-verbal language; Powerful presentations; and Packaging.

Many people think that if you work hard, you will succeed, but Ms. Fittes noted that in order to get noticed in the workplace, you must project an "executive presence", which requires three skills: credibility, clout and confidence. She then continued with four tips in portraying the executive presence, including examples of how behaviors can hold back your career.



When receiving compliments, women have a tendency to be modest and down-play their achievements. Fittes explained that this portrays low confidence and that women should instead graciously accept compliments and accept credit with respect and confidence, by acknowledging the challenges they overcame and clearly defining the skills that were leveraged.



Another behavior is to use weak and powerless language in the workplace, such as "I think", "I feel", or "I believe" which imply your comments are merely your opinion. She suggests to remove the "indecisive I", to speak from facts (not opinion) and to close with the subject or issue. She also warned against the word, "you", which often causes people to react defensively.



Managing perfectionism was another piece of advice. Perfectionism may lead to paralysis in your progress on a task, a project and your career. Additionally, perfectionists pay the price with their stress, with physical manifestations, with taking their work home, and with providing bad work/life balancing examples for their children. If you are a perfectionist, you need a new mantra, "Good enough is good enough."



The last quality is to master your presentation skills and to realize that every time you open your mouth, it is an opportunity to either grab someone's attention or to lose them. She advised to never start a presentation with your name or even a greeting, but that your first words should be memorable.

Her last piece of advice was that you should not internalize negative feedback. It is over and as they say at Disney, Let it Go!

Kay@highheeledsuccess.com

www.HighHeeledSuccess.com

Calendar

July 2014 (TBD)

(To Be Announced)

August 2014 (TBD)

Interview Clinic

September 2014 (TBD)

Resume' Clinic

October 6-8, 2014

2014 WiNUP Conference (Dallas, TX)

"WiNUP– Your Brand for the Future"

November 12, 2014

Dinner with AEP Ohio President Pablo Vegas

December 2014 (TBD)

Holiday Social

PICNIC FOOD SAFETY

By: Amy Russell

Summer is here! Now is the time to grill out and have picnics, so how can we enjoy this summer past time safely? Here are some tips to keep you and your family safe from the grocery store, to the picnic, to next the day's leftovers.

Bringing Food Home To avoid cross-contamination place raw meats in plastic bags. Refrigerate perishable food within two hours (refrigerate within one hour when the temperature is above 90 ° F), or bring a cooler with ice for perishables. Refrigerate meat and poultry immediately and freeze meat that will not be used within one or two days.

Thaw Safely Completely thaw meat before grilling to allow even cooking. Do not thaw meat on the counter, but thaw in the refrigerator or thaw sealed packages in cold water. For quicker thawing, defrost the food in a microwave or precook in the oven or on the stove, but only if it will be cooked/grilled immediately. Also, marinate foods in the refrigerator - up to two days for poultry and cubed meats; and up to five days for beef, veal, pork, and lamb roasts, chops and steaks. Do not reuse marinade used on raw meat or poultry unless boiled.

Packing Coolers To minimize bacteria from growing, use an insulated cooler with sufficient ice or ice packs to keep the food at 40 ° F or below. Place foods already cold into the cooler and use frozen items (including water bottles) to keep the other foods cold. Place colder foods on the bottom of the cooler. Store cooked and raw foods in separate containers to avoid cross-contamination. Transport the cooler in the air-conditioned car instead of in a hot trunk. Keep the cooler out of direct sun by placing it in the shade or under a shelter. Avoid opening the lid too often, or preferably, bring cold drinks in a separate cooler to avoid opening and closing the food cooler.

Be Clean Wash your hands often and wash with soap and warm water before handling any food and after handling raw poultry, meat or eggs. Do not use the same platter and utensils for raw and cooked meats. Bring water for food preparation and cleaning; and pack moist towelettes for cleaning surfaces and hands.

Cook to Proper Temperatures Color is not a reliable indicator of “doneness”, so to destroy bacteria, cook meats to the recommended minimum internal temperature, using a food thermometer and allow beef and pork to “rest” for the specified amount of time. During the rest time, its temperature remains constant or continues to rise, which destroys harmful germs. Cook all raw beef, pork, lamb and veal steaks, chops and roasts to a minimum internal temperature, allowing the meat to rest for at least three minutes before carving or consuming. Cook all raw ground beef, pork, lamb and veal to an internal temperature of 160 ° F , and all poultry to a safe minimum internal temperature of 165 ° F . Cook fin fish to 145 ° F or until flesh is opaque and separates easily with a fork. Cook shrimp, lobster, and crabs until flesh is pearly and opaque; clams, oysters, and mussels until shells open during cooking; and scallops until flesh is milky white or opaque and firm. Never partially grill meat or poultry to finish cooking later.

Serving the Food Keep hot foods hot (140 ° F or above) and cold foods cold (40 ° F or below). To keep cooked meats hot, place them to the side of the grill rack instead of over the coals where they could overcook. At home, the cooked meat can be kept hot in an oven set at approximately 200 ° F, in a chafing dish or slow cooker, or on a warming tray. Use a clean platter (not from the raw meat) when taking food off the grill. When reheating fully cooked meats (i.e. hot dogs), grill to 165 ° F or until steaming hot. Foods served hot (i.e. creamed or scalloped dishes containing milk, eggs, cornstarch or flour), should be cooked just before picnic time and kept hot and covered until served. Wrap hot food in towels, then newspaper, and place inside a box or heavy paper bag. Keep these foods warm on a lit grill or use within one hour. Eat take-out foods (i.e. fried chicken, barbecued beef) within two hours of pick-up or buy ahead and pack chilled into the cooler. Do not leave food unrefrigerated out for longer than one hour at a time. Some popular cold picnic foods can become hazardous and require special care. Keep the following food cool until served and divided into smaller serving bowls, then replace as needed (do not refill): homemade food that contains eggs, meat or poultry such as egg, chicken, tuna and potato salads (including deviled eggs); lunch meats and sandwich fillings' milk and dairy products; sliced tomatoes; and cut melons. Many insects can carry harmful bacteria and viruses on their bodies, so keep foods covered.

Picnic Food Safety (continued)

Handling Leftovers Refrigerate any leftovers promptly in shallow containers. Discard any food left out more than two hours (one hour if temperatures are above 90 °F). Foods that remain in the cooler are only safe if there is still ice. If the ice is melted, throw out the food. Cold water cannot keep foods cold enough to be safe.

For More Information The symptoms of most types of food poisoning include severe cramps, abdominal pain, nausea, vomiting and diarrhea. Symptoms typically begin from 30 minutes to three days after eating contaminated food. Most cases of foodborne illness are mild, and the symptoms disappear in a day or two. If symptoms are severe or last longer than two days, contact a physician or other health care provider. Refer to <http://www.foodsafety.gov/recalls/index.html> for food recalls or to sign up for automatic alerts.



References:

- <http://www.fsis.usda.gov/wps/portal/food-safety-education/get-answers/food-safety-fact-sheets/safe-food-handling/barbecue-and-food-safety/>
- <http://www.myrecipes.com/menus/picnic-food-safety-10000001735557/> (No risk picnics)



RECIPE CORNER

Blue Cheese, Lettuce and Tomato (BLT) Pizza

By: Hillary Sheffer

Makes: 4 servings Prep: 20 min Grill: 10 min

Ingredients:

- 3/4 cup grape tomatoes, halved
- 1/4 red onion, thinly sliced
- 2 cloves garlic, finely chopped
- 2 tablespoons EVOO (extra virgin olive oil)
- Salt and pepper
- 1 pound store-bought pizza dough, shaped into 2 disks
- 1 cup (about 4 oz.) crumbled blue cheese
- 1/2 cup (about 2 oz.) shredded mozzarella cheese
- 1 romaine heart, thinly sliced
- 5 large basil leaves, torn
- bacon, grilled, crumbled (optional)



1. In a large bowl, toss together the tomatoes, onion, garlic and 1 tbsp. EVOO; season with salt and pepper.
2. Drizzle the remaining 1 tbsp. EVOO on a baking sheet; turn the dough disks in the oil. Press each disk into a 10-inch round.
3. Place the dough on the grill, cover and cook until it bubbles on top and grill marks appear underneath, about 3 minutes. Flip the crusts and top with the blue cheese and mozzarella. Cover and grill until the cheese is melted and the crusts are golden, about 5 minutes.
4. Add the romaine and basil to the tomato mixture and toss to dress. Top the pizzas with the salad.
5. Grill, crumble and toss bacon with the lettuce and tomato to turn your pizza into a BBLT.



In Our Own Backyard: Ohio Renewable Energy Requirements

By: Amy Russell

On June 13, 2014, Ohio Governor John Kasich signed Senate Bill 310, which enacts a two-year freeze on renewable energy mandates that were approved in 2008, under former Governor Ted Strickland. Ohio is the first of the twenty-nine states with renewable energy standards to freeze or reduce requirements.

The Alternative Energy Portfolio Standard (AEPS) legislation from May 2008 required 25% of all electricity sales by Ohio utilities to come from "alternative energy" sources by the year 2025, with 12.5% required to come from sources identified as "renewable." Additionally, by the year 2025, utilities would have to prove they had helped customers reduce power consumption overall by 22%, compared to 2009 levels. The American Tradition Institute commissioned a report to estimate the economic effects of the AEPS mandate, which suggested electricity prices increasing by an average of 9.3% (with the average household, commercial, industrial ratepayer paying \$756, \$5,350, \$191,490 in higher electricity costs), loss of an average of 9,753 jobs, and reduction in annual wages by an average of \$334 per worker. The 2008 Ohio AEPS law required the state's Public Utilities Commission to file an annual compliance report that included a section pertaining to "...encouraging the use of alternative energy resources ... in a manner that considers available technology, costs, job creation, and economic impacts." The evidence presented in this report showed that the impacts were decidedly negative - that the Ohio AEPS puts the state's competitiveness at risk and that costs will result in slower economic growth for Ohio. Estimates from the Ohio legislators claim that compliance with the AEPS has cost Ohioans more than \$1 billion.

The June 2014 law will freeze the renewable and solar energy benchmarks for 2015 and 2016, at 2014 levels, and extend the benchmark period that electric utility companies must provide 12.5% of their electricity from renewable resources by two years. The law also makes major changes to the rules when they resume in 2017 - removing the requirement that utilities purchase half of their renewable energy from within the state - which were "simply not achievable or sustainable," according to Rep. Peter Stautberg, (R-Anderson Township). The new law also creates a legislative study committee, to determine the costs and benefits of different energy policies and provides time for lawmakers to evaluate the economic impacts on the state.

Not everyone is pleased with the paused Renewable Energy Requirements, saying it will actually cost Ohioans more money and hurt support for renewable energy projects. Those opposed include the Ohio Farmers Union, in conjunction with the Ohio Environmental Council, the Solar Energy Industries Association, the Natural Resources Defense Council, and the Environmental Defense Fund.

- <http://heartland.org/policy-documents/cost-and-economic-impact-ohios-alternative-energy-portfolio-standard>
- <http://www.farmanddairy.com/news/ohio-freezes-renewable-energy-mandates/195343.html>
- http://www.smartgridnews.com/artman/publish/Technologies_DG_Renewables/Now-Ohio-is-pushing-back-against-renewable-energy-6561.html
- http://www.cleveland.com/business/index.ssf/2014/06/ohio_renewable_energy_and_effi.html
- <http://www.opportunityohio.org/government-powers-private-business-through-green-energy-grants/>

Government Subsidies

- <http://www.opportunityohio.org/government-powers-private-business-through-green-energy-grants/>
- <http://www.dispatch.com/content/stories/business/2010/10/08/tower-of-power.html>
- <http://www.renewableenergyworld.com/rea/news/article/2014/06/ohios-clean-energy-law-is-key-to-unlocking-carbon-reductions>

Public Image

- <http://www.epa.gov/greenpower/awards/winners.htm#osu> * <http://energydashboard.osu.edu/>
- <http://thelantern.com/2013/10/ohio-state-earns-environmental-protection-award-going-green/>

"In Our Own Backyard," is included in each newsletter to inform you of energy related news, current events and tips. If you have a suggestion for next quarters' topic, please email Amy Russell at acrussell@aep.com.

Ohio Renewable (continued)

Renewable Energy = Government Subsidies

Using the federal tax break and a State of Ohio grant, the Byers dealerships in central Ohio constructed two wind turbines, generating power and savings for the car dealership. The company will end up paying roughly one-third of the \$600,000 cost for the two turbines, using the electricity generated to pay off the cost within seven to ten years.

The Dublin turbine can produce up to 100 kilowatts (kW) and is projected to produce annual electricity of 150,000 kilowatt-hours (kWh). That would be enough to provide for the annual needs of 15 households based on the Ohio's average usage as calculated by the U.S. Department of Energy. For the dealership, which uses more power than a house, the system only provide 15% to 50% of the electricity needed at a time, depending on environmental conditions (i.e. how hard the wind is blowing). The Delaware turbine produces an estimated 25,000 kWh, enough for two to three houses. Advocates for clean energy have worked with the dealerships on the turbines hoping to encourage other business to diversify how they produce electricity.

The dealerships are receiving a reduced rate on power and surplus power could be sold to the utility, in the rare moments when the power isn't used on site. The total cost of power produced by these two turbines is 17.1 cents per kWh, while the current rate for traditional energy is only 7.2 cents per kWh, with the Ohio taxpayer assuming the difference.

? Is this a good investment? Would it be a good investment without government subsidies and taxpayer assistance?



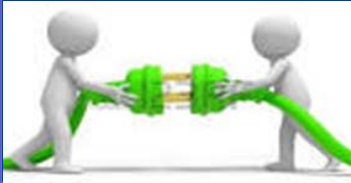
Renewable Energy = Public Image

The Ohio State University (OSU) signed a 20-year agreement in October 2013 to buy 50 megawatts (MW) of energy annually from Blue Creek Wind Farm, Ohio's largest commercial wind farm, which has 152 turbines in Van Wert and Paulding counties. The headlines stated that 25% of the OSU campus electricity will be supplied by over one-hundred local wind turbines, saving nearly \$1 million in energy costs for each of the next two years. Instead of just buying renewable-energy credits, as most other non-utility companies do, OSU is buying wind energy directly from Iberdrola Renewables (the parent company) and contracting with American Electric Power to deliver it. The university has negotiated a price of \$46.50 per MWh, plus a 2% annual increase.

This is enough energy to power 25% of the Columbus campus, but OSU only expects to save about 3% from its annual energy bill (which is \$35 million) with this investment, which is only vaguely defined. Referencing the OSU media, the Lantern, and the Buckeye Footprint from the online OSU Energy Dashboard - one-quarter of the University's energy usage (2,102,736 mmBTU or 616,726,627 kWh) relates to 150,000,000 kWh (as is supported in another reference that stated that OSU Renewables accounted for 141,000,000 kWh). At \$46.50 per MWh (\$0.0465 per kWh), this should have cost OSU around \$7 million.

The contract will also help the university reach its goal of becoming "carbon neutral". Being "carbon neutral" means removing as much carbon dioxide from the atmosphere as is generated by, for instance, buying "carbon offsets" supporting wind farms or solar parks. OSU employs more than 400 researchers on energy issues, and energy was recently named one of three priority focus areas for university-wide teaching, research and community outreach over the next 10 years. OSU researchers will have access to Blue Creek Wind Farm, and to market data from the company, for their research and is the only United States university studying all areas of wind energy, including gear, rotor-blade and turbine design; wind modeling; noise optimization; and ecological, environmental and policy concerns.

? Is this a good investment? Is carbon neutrality relevant to higher education? The answer may be yes, if public image is a factor in recruiting, fundraising and university branding.



EMPOWERING MOMENTS:

By: Amy Russell

Let Freedom Ring!

The signing of the Declaration of Independence on July 4, 1776 signifies the birth of the United States of America and the freedom of the Thirteen Colonies from Great Britain. Over the years, it has become a misnomer that the United States is a democracy and that we, as a country, perpetuate and grant democratic ideals to the world around us. The United States of America is, in fact, a republic, as exemplified in numerous quotes and documents from the Founding Fathers. Article IV Section 4, of the Constitution states that "The United States shall guarantee to every State in this Union a Republican Form of government, and shall protect each of them against Invasion". The word Democracy is not mentioned in the Constitution at all. Upon the passing of a resolution by the Continental Congress, a woman asked Benjamin Franklin what type of government the Founders had created, and he replied, "A Republic, if you can keep it."

A Republic is defined as a representative government which is ruled by law (in this case the Constitution), whereas a Democracy is a government ruled by the majority (i.e. mob rule). A Republic focuses on the rights of individuals, while a Democracy focuses on the demands of the public, whether they are necessities or desires. The rules of law in our Constitutional Republic is protected by the checks and balances of the three branches of government, but a Democracy creates rules of law from majority polls and voter referendums where a "50% plus one" vote can make sweeping changes or remove the rights of the minority class.

The flaw with Democracies is that they are prone to self-destruction when the non-productive majority elects the representative who promises the most benefits. To maintain their power, these representatives must then increase taxes to support the funding of increased benefits until there are no longer enough productive citizens to fund the functions of the government. At this time, the Democracy will collapse, typically followed by a dictatorship.

- <http://whatourforefathersthought.com/index.html> * <http://www.nccs.net/introduction-to-americas-founding-documents.php>

Wives of the Founding Fathers



While the Founding Fathers of our nation endured and persevered, the women behind these men maintained their households with dignity and strength (See photos). Not only did the men have a bounty placed upon their heads, but the women and children did too. The women experienced the same sacrifices, dangers and hardships as the men – all in the name of Liberty.



For more information about these amazing women, consider reading "Wives of Signers: The women behind the Declaration of Independence," Foreword by David Barton. (available at <http://www.wallbuilders.com/> or <http://colonialhall.com/biodoiwives.php>.)



(In order clock-wise, starting at the top, left): 1st First Lady Martha (George) Washington, 2nd First Lady Abigail (John) Adams, 3rd First Lady Martha (Thomas) Jefferson, 4th First Lady Dolley (James) Madison, Elizabeth Schuyler (Alexander) Hamilton, Deborah Read (Benjamin) Franklin, and Sarah (John) Jay .

WiNUP International Update

By: Bethany McCrea

The WiNUP International Board (IB) held its Summer meeting on June 20, 2014 at the Embassy Suites Columbus Airport and Bethany McCrea, the Ohio WiNUP International Representative, shared the following:



Past (and current) WiNUP Presidents Attending June 2014 Board Meeting in Columbus. Order from left to right: Lila Munsey, Sue Mercer, Julie Jumper-Morris, Janet Rehberg *, Velda Otey, Vikki Michalski, and Cindy Berry.*

The "Southwest Virginia/Northeast Tennessee" chapter was Chartered last October 2013 (bringing the total Chapter count to 17). A new "Chicago" Chapter is currently in the chartering process and the Executive Committee (EC) met with PJM employees and managers in Pennsylvania via video conference. It was a successful discussion, and PJM has confirmed its intent to help launch a new chapter with the possible suggested name, "Eastern Pennsylvania" .

The IB and EC launched a multi-step strategic planning process in 2013 and the following are recent updates. The existing WiNUP Name, Mission, and Objectives have been reaffirmed and accepted. A new corporate logo for WiNUP which will be introduced later this year has been approved. It has a more modern and artistic style and incorporates the full WiNUP name and new tag line. New WiNUP business card templates are being designed for use by members and chapters; and a new WiNUP brochure intended to help promote WiNUP and recruit new members/chapters has been designed. New member conference calls have been well received and will remain as a lasting portion of our operations. There will be a conference call for prospective members in July (contact Kay Bostick ckbostick@aep.com, WV chapter, for more information). The website committee is working on providing each chapter with a page at the International WiNUP website, to communicate points of contacts, events, meeting schedules/info, and otherwise attract prospective members.

✓ Ohio Chapter Updates : Ohio WiNUP Supports B's Boutique



Ohio WiNUP sponsored the annual Clothing Drive the week of May 19, 2014. Donated items included women's professional clothing, shoes, purses and accessories, as well as personal care items and items for career development (portfolios, flash drives, etc.). Over 900 items and \$140 were donated to B's Boutique, which is associated with New Directions Career Center (NDCC).

The NDCC is a not-for-profit 501(c)(3) organization that has been preparing women to enter the workforce since 1980 and which includes a free boutique available to outfit clients with gently used clothing for job interviews and work. Each Friday, the boutique accepts donations of clean, gently used clothes on hangers or in boxes, . The NDCC utilizes a "People-centered and Results-oriented Model" offering unconditional support regardless of the clients' situations and backgrounds. The organization provides career counseling to achieve financial stability and Licensed Career Counselors to deliver holistic programming addressing the needs of each individual.

The transformation experienced at the NDCC has a ripple effect, inspiring and impacting everyone an NDCC graduate touches in her life. In 30 years, the Center has touched over 60,000 lives, including multi-generations in families and the programs build the capacity to be resilient in the face of a changing job market. Upon completing the Center's programs, an average of 95% of individuals report they were able to set realistic and attainable career goals, and 70 to 75% have been able to enter employment, complete ongoing training or education, and drop all or some of their dependence on public assistance.

<http://www.newdirectionscc.org/>



In Memorium - Carol Fox

Carol Fox, senior vice president of NiSource Corporate Services, passed away April 24, 2014. Carol began her Columbia/NiSource career in 1983 as a customer service representative in northeast Ohio, and then served in a variety of progressive leadership roles, most recently leading the initiative to advance regulatory capabilities across NiSource. Carol's leadership experience included serving as the first female president of Columbia Gas of Pennsylvania and Maryland, where she was responsible for designing and executing legislative, regulatory and external strategies with a focus on delivering safe, reliable and efficient customer service to more than 450,000 customers in Pennsylvania and Maryland.

As senior vice president of customer engagement for NiSource Gas Distribution, Carol led the commercial activities for large commercial and industrial customers and distribution company new business activities, as well as residential, commercial and industrial gas transportation programs. In addition, she was responsible for the company's customer contact centers and meter to cash organizations for NiSource's local distribution companies in Ohio, Pennsylvania, Maryland, Virginia, Kentucky and Massachusetts. Carol also served as vice president of sales, products and services for Columbia Gas of Ohio. Carol represented NiSource as a member of the American Gas Association, the Women's International Network of Utility Professionals, and the Association for Iron & Steel Technology, to name a few.

"WiNUP Pulse," is NEW to the newsletter to keep membership informed of life-changing events - professional and personal achievements, celebration of marriage, birth, adoption, etc., as well as remembering those we have lost.

Registration for the 2014 Conference in Dallas is now open!

Hosted by the ArkLaTex, North Texas and South Texas Chapters

Of all Come!
to the 2014



WiNUP
Conference

October 6-8, 2014

- **The conference will be held October 6-8. The Board will meet Oct 5. Welcome reception will be held in the evening on Oct 5.**
- **Rooms can be reserved with the conf. rate of \$149/night for doubles or king rooms. Hilton Dallas Lincoln Centre, 5410 LBJ Freeway Dallas, Texas 75240, 800-245-3304 (Group code: WINUP)**
- **Members can avoid car rental expenses by using the Super Shuttle from airport to the hotel. The hotel will provide free shuttle services to local attractions – very near many tourist, shopping, and dining attractions.**



Member Spotlight: Rosa Jankowski

By: Hillary Sheffer

Rosa Jankowski, Senior Financial Analyst, started at NiSource in September 2011. She is responsible for imbalances, trackers, exchange gas and gas used for two business units. Her company is building a new building in the Arena area. She is an Arena Ambassador helping to lead change as they provide information and encourage excitement about moving to their new building. She joined WiNUP in January 2012. When asked what made her want to join WiNUP, Rosa said "She was looking for networking opportunities and ways to learn more about the utility industry."

Facts about Rosa:

- **What is the key to your success?**

My love of learning and never being afraid of asking "Why?"

- **What was your first job?**

Very first job - McDonalds. My first job out of college -auditor at Deloitte & Touche

- **What is your favorite place to shop?**

Any good grocery store/farmer's market and the book section of Amazon (specifically cookbooks)

- **What is your favorite restaurant?**

Dirty Frank's Hot Dog Palace. In the fall they have a Franksgiving Dog, which is everything great about Thanksgiving food on top of a hot dog!!!

- **What is your favorite hobby?**

First, would be spending time with my family. I also love cooking and baking. Let's just say... I have an extensive cookbook collection. I dabble some in photography and drawing cartoons, too.



Meet Rosa Jankowski, along with her two children daughter Lucina and son Radek.

✓ Ohio Chapter Updates

- ✓ Check out the ***New*** Historian Section on the Homepage of the Ohio Chapter of WiNUP website (<http://winupoh.org>). Please share your feedback with the Historian Committee Chair, Sandy McCormick (slmccormick@aep.com)
- ✓ Mentors wanted! The Mentee application deadline has closed, and now the Mentoring Committee is seeking Mentors. Be on the lookout for an upcoming communication, or feel free to contact Michelle Kaseff (mkaseff@aep.com).

2014 WiNUP Ohio**Chapter Leadership**

Michele Jeunelot, Chair
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Krista Tillman, Vice Chair
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Sherry Hill, Secretary
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Kristen Thompson, Immediate
 Past Chair
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Bethany McCrea, International
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2014 Ohio Goal—To operate an organization that offers its diverse membership a variety of opportunities for networking, professional and personal development.

If you know someone that should be recognized, please let us know by submitting the information in the "Contact Us" section on our website www.winuxoh.org.

For corrections, comments, and suggestions for the newsletter, please contact Amy Russell (acrussell@aep.com)

STEM : WiNUP National Philanthropic Platform



The national philanthropic platform for WiNUP has been selected as STEM (Science, Technology, Engineering and Mathematics).

STEM focuses on improving competitiveness in technology, development through educational policy and curriculum choices in schools from grades K-12 through college. This unified platform will allow WiNUP to provide support in developing young women in these fields across the country. Each WiNUP chapter will support STEM through their own initiatives such as gathering STEM kits for schools with information about careers in the utility industry, fundraising for girls to attend STEM camps, arranging a tour of utility facilities for students in local areas, organizing a quiz bowl for girls with questions related to STEM fields, providing scholarships for high school graduating seniors who will pursue a degree in a STEM field major, etc. Stay tuned for more information on how the Ohio WiNUP Chapter plans to support this STEM initiative! If you would like to share your ideas and suggestions, contact the Community Outreach committee, chaired by Jacque Knight (jknight@nisource.com).



to our New Members

Deana Elizondo (AEP)
Sonja Holcomb (AEP)
Sonja Hunter (AEP)
Lillian Kash (AEP)
Michelle LeMaitre (AEP Gen)
Rachel Perdew (AEP)
Genea Taylor (AEP)
Melissa Thompson (NiSource)
Ebony Tidmore (AEP)